

## About CIDSO

The Central Illinois Down Syndrome Organization (CIDSO) is a not-for-profit organization of families and interested persons working to increase public awareness, support families, and improve opportunities for those touched by Down syndrome.

CIDSO was formed in 1974 and serves Bloomington, Normal, and the greater McLean county area. To learn more about CIDSO, visit our website <http://www.cidso.org> , or phone (309) 452-3264.



### CIDSO'S Focus on Education

This year CIDSO's focus is on education throughout the life span. Our grant program supports many school-aged children with Down syndrome. We support the Adult Literacy program at ISU and the HALO program at Heartland Community College. We also provide educational workshops for CIDSO families and others in the community.

# BUDDY WALK®

NDSS



## Buddy Walk® Day Schedule

### Registration — 8:30 A.M.

You can register in advance or at the Buddy Walk. If you pre-order t-shirts you can pick them up at the walk. Pledges will be accepted at registration.

### Walk — 10:00 A.M.

This is what it's all about! The one-mile Buddy Walk will begin at Carden Park, behind Prairieland Elementary School at 1300 E. Raab Road in Normal.

### Fun at Carden Park

Relax and have fun while supporting a good cause. A raffle drawing with lots of wonderful prizes will follow the walk. Family fun, entertainment and food will enhance your morning in the park.

### Parking

Please consider carpooling or parking in the neighborhood next to the park.

## Spirit Teams

Individuals and families can join together and walk as a team to build unity and support. Come up with a team name, walk together, and raise funds as a group. Think up a team theme and decorate a team poster, a sign of support, at the event.



### Collecting Pledges

Ask your family, friends, neighbors, and co-workers to sponsor you by pledging a donation to help support CIDSO programs. Ninety percent of the funds raised will remain in the local area while the remaining money will be used by the NDSS for national programs and awareness.

**On-line Registration:**

<https://www.firstgiving.com/cidso/2011/BW>

**Registration Form**

To pre-register, please complete and return this form before **Friday, September 2nd**. Mail with a check payable to: **CIDSO, P.O. 595, Normal, IL 61761**  
 Registrations (but not t-shirt orders) will also be accepted on the day of the event.

Name \_\_\_\_\_  
 Spirit Team Name (opt.) \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Daytime Phone \_\_\_\_\_  
 Email Address \_\_\_\_\_

How did you learn about this event? (circle all that apply)  
 TV/Radio    Billboard    Banner    Newspaper  
 Poster    Mailing    Other \_\_\_\_\_

Registration	Qty.	Cost	Total
<b>\$5 per Walker, Children 5 and under Free</b>			
Walkers Over Age 5		\$5	\$
Walkers Age 5 & Under		FREE	\$ 0
Shirt Orders	Qty.	Cost	Total
Kids XS (2-4)		\$5	\$
Kids S (6-8)		\$5	\$
Kids M (10-12)		\$5	\$
Kids L (14-16)		\$5	\$
Adult S		\$5	\$
Adult M		\$5	\$
Adult L		\$5	\$
Adult XL		\$5	\$
Adult XXL		\$5	\$
Adult XXXL		\$5	\$
<b>Total Due</b>			<b>\$</b>
<b>Registration &amp; Shirts</b>			

**Pledge Form**

Name \_\_\_\_\_  
 Spirit Team Name (opt.) \_\_\_\_\_  
 Street \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Total Collected \_\_\_\_\_

**Please make checks payable to CIDSO**

**Donations can also be made at**

[www.firstgiving.com/cidso](http://www.firstgiving.com/cidso)

All contributions are tax deductible as allowed by law.

Sponsor	Phone #	Donation
1.		\$
2.		\$
3.		\$
4.		\$
5.		\$
6.		\$
7.		\$
8.		\$
9.		\$
10.		\$

The Buddy Walk® was developed by the National Down Syndrome Society in 1995 to celebrate Down Syndrome Awareness Month in October and to promote acceptance and inclusion of people with Down syndrome. The Buddy Walk has grown from 17 walks in 1995 to nearly 300 walks planned for 2011 worldwide. In 2010, more than \$11.2 million was raised nationwide to benefit local programs and services, as well as the national advocacy and public awareness initiatives of NDSS that benefit all individuals with Down syndrome.

CIDSO Presents...



Steps for a Brighter Tomorrow!



Saturday, October 1, 2011  
 Carden Park & Prairieland Elementary  
 1300 E. Raab Rd  
 Normal, Illinois

**Hosted by the  
 Central Illinois  
 Down Syndrome Organization**

**On-line Registration  
 Now Available!**